

Weakley County School Nutrition Program




**SHARON SCHOOL**

**September 2019**

Milk choice & Fruit choice offered daily

“This institution is an equal opportunity provider.”

*Menu is subject to change without prior notice.*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2 NO SCHOOL</b>	<b>3 Pillsbury - Pancakes</b>	<b>4 Chicken Slider</b>	<b>5 Banana Bread</b>	<b>6 Sausage Links &amp; Cinnamon French Toast</b>
	Chicken Nuggets w/ Hot Roll Deli Sub Seasoned Potatoes Bacon Green Beans	Sweet and Sour Chicken Crispy Steak Lo Mein Noodles Egg Roll Chinese Green Beans Broccoli with Cheese	Asian Chicken Beef Dippers Hot Roll Fried Rice Stir Fry Crinkle Cut Carrots w/ Ranch	Rib Sandwich Chicken Philly Steamed Broccoli Sweet Potato Variety  Don't forget Grandparent's Day - Sunday 
<b>9 Chocolate Donuts</b>	<b>10 Breakfast Pizza with Gravy</b>	<b>11 Breakfast Egg &amp; Cheese Sandwich</b>	<b>12 Frudal</b>	<b>13 Chicken Bites and Donut Holes</b>
Chic-fil-A style Sandwich Fish Sandwich Cheese Lettuce, Tomato, Pickles Waffle Fries Slaw	Chuckwagon Popcorn Chicken Macaroni & Cheese Hot Roll Glazed Carrots Green Beans  World Suicide Prevention Day	Pollo Loco Chicken with Cheese & Rice Soft Shell Taco Shredded Lettuce & Diced Tomato Chips/Salsa/Sour Cream Fiesta Refried Beans	Chicken Pork Tenderloin Biscuit Gravy Tater tots Cherry Tomatoes	Grilled Cheese Hot Dog Steamed Broccoli and Cheese Baked Potatoes w/ toppings  <b>Mixmi Frozen Yogurt Treat *NEW</b>
<b>16 Cocoa Bread</b>	<b>17 Cheesy Breakfast Toast</b>	<b>18 Chicken Biscuit</b>	<b>19 UBR (Oatmeal Breakfast Cookie)</b>	<b>20 Pancake on a Stick</b>
<b>**Lala Chapman Day**</b> <b>Asian Chicken w/Rice</b> Cheese Sticks w/ Marinara Carrots w/ Ranch Corn Watermelon Apples	Beef Nachos Crispito's Salsa Potato Wedges Fresh Broccoli and Ranch	Bacon Cheeseburger Chicken Fajita Lettuce, Tomato, Pickles, Onion California Blend Fries  Air Force Birthday	<b>Early Dismissal – No Lunch Served</b>  <b>12:00 – 6:00</b>	Chicken Tenders w/ Hot Roll Manwich Sloppy Joe w/ Bun Cheesy Potatoes Green Beans  POW/MIA Recognition Day
<b>23 Blueberry Stick</b>	<b>24 Muffin &amp; String Cheese</b>	<b>25 Sausage and Biscuit</b>	<b>26 Pop-Tart</b>	<b>27 Bacon Breakfast Pizza</b>
Stuffed Crust Pizza Burrito Corn Pinto Beans	Poppy Seed Chicken Country Fried Steak with gravy Mexican Cornbread Black-eye Peas Cabbage	Chicken Drumstick Baked Ham Hot Roll Green Beans Mashed Potatoes w/ Gravy	Beef Rotini (like lasagna) Chicken Rings Hot Roll Sweet Potatoes Fresh Side Salad	Pork Choppette w/ Hot Roll Frito Chili Pie Carrots w/Ranch English Peas
<b>30 Cereal Bowl</b>	<p>No one can make you feel inferior without your consent. Eleanor Roosevelt</p> <p><b>This Month's Challenge: Write down 5 things you LOVE about yourself. #selfloveSeptember</b></p>			
Cajun Grilled Chicken w/ Garlic Toast Meatball Sub Cucumbers or Celery w/Ranch Glazed Baby Carrots				