

Weakley County School Nutrition Program

**Sharon School**

**October 2019**

Milk choice & Fruit choice offered daily  
 "This institution is an equal opportunity provider."  
 Menu is subject to change without prior notice.



	<b>Parfait</b>	<b>Salad</b>		<b>PB n Jelly</b>
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Sept 30 Cereal Bowl</b>	<b>1 Sausage and Biscuit</b>	<b>2 Ham and Cheese Breakfast Slider</b>	<b>3 Dutch Waffle Cakes</b>	<b>4 Fruit Delights &amp; Cheese Stick</b>
Grilled Chicken w/ Garlic Toast Meatball Sub Cucumbers or Celery w/Ranch Glazed Baby Carrots	Ham and Cheese Sliders Fish Sandwich w/ Cheese Hushpuppies Seasoned Fries White Beans	BBQ Nachos Crispy Chicken Sandwich Lettuce, Tomato, Pickles Corn Baked Beans <b>Cookie</b>	Mini Corn Dogs Spaghetti w/ Breadstick Fresh Side Salad Fries	Chicken Sausage Belgian Waffles Biscuit Hash Brown Casserole Baby Carrots w/Ranch
<b>7 Pillsbury Bagel</b>	<b>8 Sausage, Egg, &amp; Cheese Slider</b>	<b>9 Chicken Biscuit</b>	<b>10 Cinnamon Roll</b>	<b>11 Chicken Waffle Sandwich</b>
"School" Pizza Grilled Cheese Zesty Tomato Soup (side item) Fries Corn	Fish Nugget Shapes Chicken Rotel Hot Roll Mashed Potatoes Baby Carrots w/Ranch	Chicken Sliders Hot Dog Lettuce, Tomato, Pickles Fries Baked Beans	Sweet and Sour Chicken Crispy Steak Lo Mein Noodles Egg Roll Chinese Green Beans Broccoli with Cheese	Hamburger Steak Pork Chopette Gravy Garlic Toast Sweet Potato Variety Fresh Side Salad



**ENJOY A SAFE  
FALL BREAK  
October 14-18**

The worst enemy to creativity is self-doubt. -  
 Sylvia Plath

**This month's challenge: Express your creativity!  
 Either photograph or doodle your favorite fall  
 things!**



**Celebrate NSLW  
21<sup>st</sup>-25<sup>th</sup>**

<b>21 Pillsbury Cini Minis</b>	<b>22 Cheese Omelet &amp; Biscuit</b>	<b>23 Chicken Slider</b>	<b>24 Banana Bread</b>	<b>25 Sausage Links &amp; Cinnamon French Toast</b>
Cheeseburger Grilled Chicken Wrap Lettuce, Tomato, Pickles, Onion Baked Beans Fries	Mini Corndogs Philly Steak and Cheese Sub Fresh Side Salad Fries	Chicken Nuggets w/ Hot Roll Turkey Club Sub Seasoned Potatoes Bacon Green Beans <b>Local Apples – #TennesseeCrunch</b>	Asian Chicken Beef Dippers Hot Roll Fried Rice Stir Fry Baby Carrots w/ Ranch	Rib Sandwich Chicken Philly Sub Steamed Broccoli Sweet Potato Variety
<b>28 Powder Sugar or Choc. Donuts</b>	<b>29 Breakfast Pizza with Gravy</b>	<b>30 Breakfast Egg &amp; Cheese Sandwich</b>	<b>31 Frudel</b>	
Chic-fil-A style Sandwich w/ Cheese Cheese Stuffed Pinwheel Lettuce, Tomato, Pickles Waffle Fries Slaw	Chuckwagon Popcorn Chicken Macaroni & Cheese Hot Roll Glazed Carrots Green Beans	Pollo Loco Chicken with Cheese & Rice Soft Shell Taco Shredded Lettuce & Diced Tomato Chips/Salsa/Sour Cream Fiesta Refried Beans	Chicken Pork Tenderloin Biscuits Gravy Tater tots Cherry Tomatoes <b>Mixmi Frozen Yogurt Treat *NEW</b>	